

# **Early Period Celt Capsule Wardrobe for Beginners**

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# 3 Garments

In this class, I will present 3 easy-to-construct basic garments that combine to create an early period Celtic capsule wardrobe to suite a wide spectrum of periods and geographies.

The three garments I selected work for Bronze Age to the end of the Iron Age, spanning gender and age ranges.

1. Tunic
2. Peplos
3. Skirt

# 2 Stitches

I will also present two stitches that are simple, versatile, and period.

These two stitches give you everything you need to make all 3 garments.

1. Overcast stitch
2. Running stitch

# TUNIC

**The Les Martes de Veyre Tunic (right):** 1st – 2nd century France; Gallo-Roman.

A really fantastic write up of a detailed analysis and reconstruction can be found here: [Romano-Gaulish Woman's Garments](#), as well as a deep dive into the dyestuffs of the textiles here: [THE ANALYSIS OF DYESTUFFS FROM FIRST- TO SECOND-CENTURY TEXTILE ARTEFACTS FOUND IN THE MARTRES-DE-VEYRE \(FRANCE\) EXCAVATIONS](#)

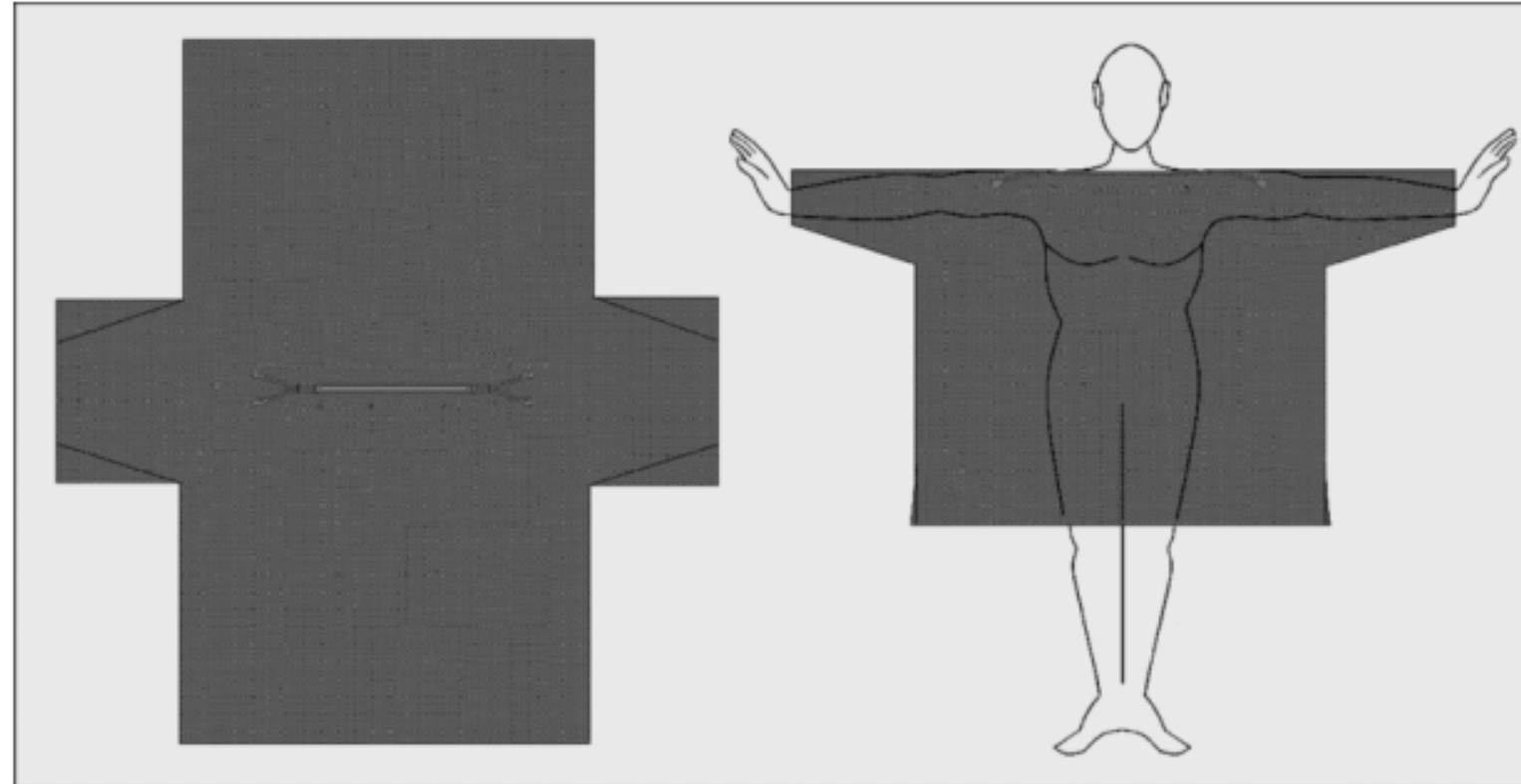




# TUNIC

## Reepsholt Tunic (below): Iron Age, Denmark

For a really useful and complete resource for a variety of clothing items (including the Reepsholt tunic) extant to Iron Age Denmark, check out *Costume in Prehistoric Denmark*. It even has measurements!



[https://www.researchgate.net/figure/Constructional-lay-out-of-the-Reepsholt-tunic-and-proportion-to-the-human-body-drawing\\_fig15\\_287405920](https://www.researchgate.net/figure/Constructional-lay-out-of-the-Reepsholt-tunic-and-proportion-to-the-human-body-drawing_fig15_287405920)

# TUNIC

## Roman Tunics (right):

We see the same / similar shape in patterns reconstructed from Roman tunics, such as this one from "Wearing the Cloak, Dressing the Soldier in Roman Times" edited by Marie-Louise Nosch

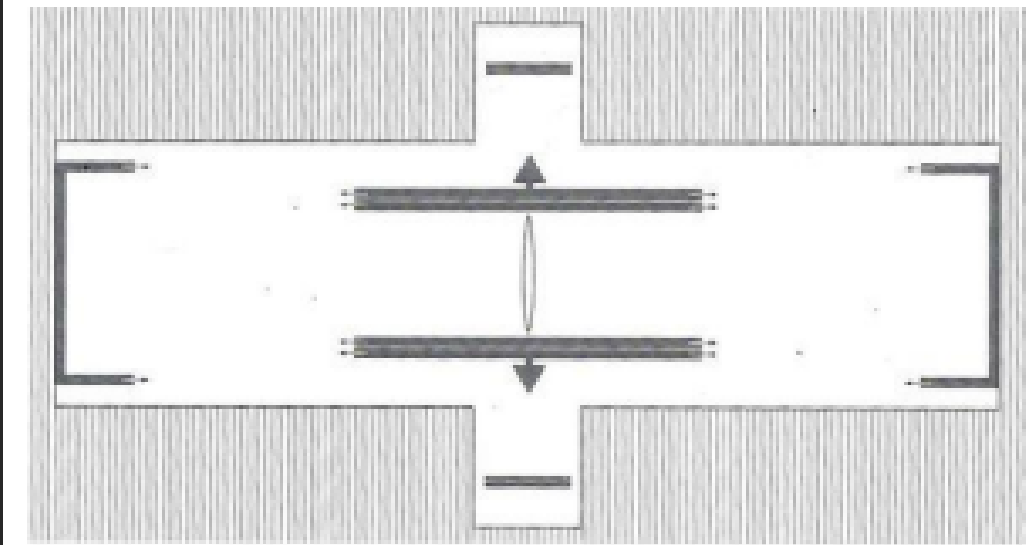


Figure 7.12. Tunic pattern to shape (D) caeren, A. P. v. Schick.

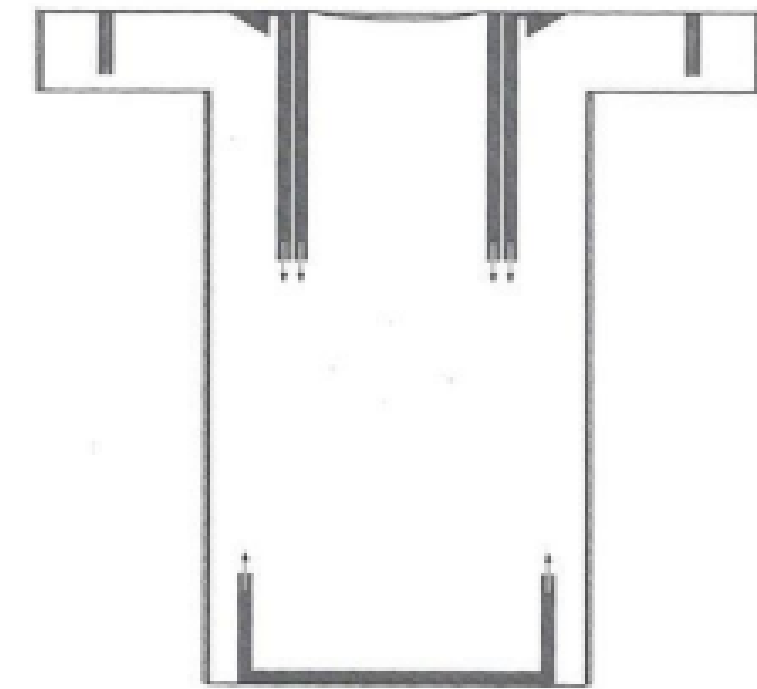


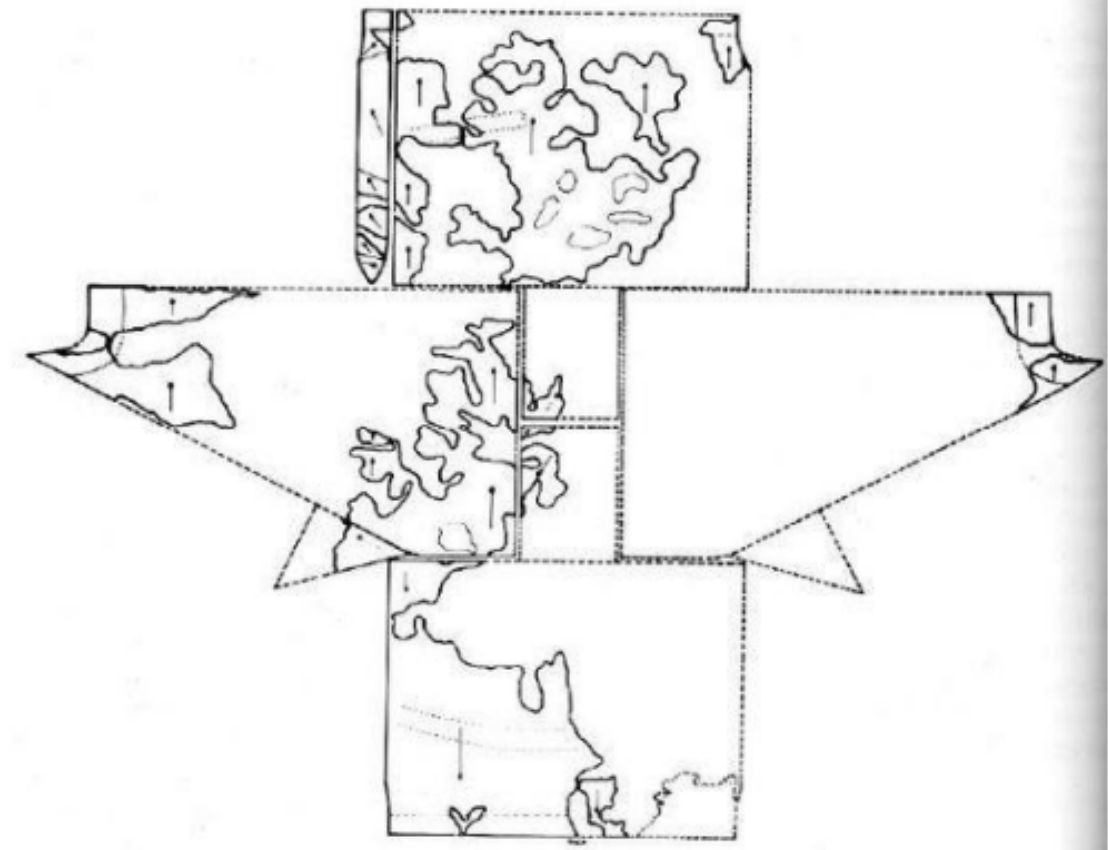
Figure 7.13. Reconstructed Tunic (D) caeren, A. P. v. Schick.

# TUNIC

**Hogom Tunic (right):** Migration Era,  
Nordic Iron Age, Vendel, Sweden

The SCAdian blog Oswin's  
Omnigatherum features a stunning  
write up with images of a recreation of  
the Hogom tunic.

A Wandering Elf's Migration Era  
Bibliography includes the following:  
Nockert, Margareta. *The Högom Find  
and Other Migration Period Textiles  
and Costume in Scandinavia*,  
University of Umeå, 1991.





# TUNIC





# PEPLOS



(Zweeloo Princess, Huldremose Woman, Lone Hede Woman)

# PEPLOS





# SKIRT



# **SKIRT**

Pro-Tip:

Wrap around your  
shoulders and pin for a  
BONUS CLOAK!



# OVERCAST STITCH





# **RUNNING STITCH**



# Sample Capsule Wardrobe



*Look Book*

*My Iron Age Celt  
Capsule Wardrobe:  
Northern Scotland*

TheMedievalGynecologist.com | LadyEsa.wordpress.com

**Thanks.**